School Prospectus







Words of

Dear Parent/Guardian,

Welcome

We offer a warm welcome to you and your daughter.



By reading this prospectus, we aim to give you a glimmer of insight into our vibrant school community. In Our Lady's we have a dedicated staff team of teachers, assistants, supervisors, ancillary and office staff who ensure that as a *School of Sanctuary*, all of our girls are educated in a safe and nurturing environment. The well-being of your child is our top priority.

We treat every child as an individual, and so we realise that they have unique talents, abilities and needs. During their primary school journey, from those very first steps in Primary 1 to that final day in Primary 7, we provide an excellent well-rounded education, rooted in Christian values, nourishing the spiritual, physical, social and emotional needs of all of our pupils. We encourage a culture of sharing with each other and we ensure that our pupils leave school at the end of Primary 7, as happy, self-confident and independent individuals, ready to take on the next exciting challenge.

We work in partnership with family, as we know that the school cannot do it alone. When school and home work together, your daughter will thrive at Our Lady's Primary.

Emer Hughes

B.Ed (Hons), M.Ed, PQH(NI)

Principal



Mission Statement

We believe that each child is an individual with individual talents, abilities and needs. Our goal is to ensure that each pupil acquires the knowledge, skills and attitudes necessary for responsible citizenship and develops the qualities of perseverance and resilience for the challenge of tomorrow's world.

AIMS

We aim to:

- provide a Catholic Education in an environment where Christian values are actively lived and where the growth of the whole child is fostered
- enable each pupil to live a full life as a child, in a secure and happy childcentred environment
- foster in each child a love of learning, a knowledge of how to learn and the motivation to produce her best work
- develop in the child, self-esteem, sensitivity to and respect for others, selfconfidence, inner contentment, habits of self-discipline and resilience and acceptable social behaviour
- develop in the child an awareness of her own cultural heritage and promote an understanding of and a tolerance towards other cultures and religions
- help the child understand the world in which she lives and the interdependence of individuals, groups and nations





We also aim to:

- provide opportunities for the professional development of staff and so enrich the contribution to the curriculum for the benefit of pupils and staff
- involve parents in all stages of the child's development and in the interest of the child, liaise with other educational establishments, the Social Services and supportive groups in the parish and the wider community
- establish an atmosphere within the school in which teaching and non-teaching staff, parents, ministers of religion and school governors can work with each other to achieve the school's aims

The Curriculum

When planning our curriculum, we take into account the uniqueness of each child and their individual needs. Our pupils are encouraged to assist in the planning of new themes, promoting their *Skills and Capabilities*. We assist all children in achieving their potential and in making informed and responsible decisions throughout their time in Our Lady's.

The Learning Areas of the NI Curriculum

- Language & Literacy
- Maths & Numeracy
- The World Around Us
- Personal Development & Mutual Understanding
- Religious Education
- Physical Education
- * The Arts

ICT is infused throughout all of the above areas

Foundation Stage

Foundation Stage is comprised of Primary 1 & 2. There is a great emphasis on play and activity-based learning. Children consolidate personal, social and emotional development during these early years. They are encouraged to form relationships with adults and other children and to develop their self-esteem and confidence. Teachers and assistants help our pupils to become aware of the world beyond their immediate environment and also to learn about others from a basis of tolerance, respect and open– mindedness.

With this in mind, we encourage sharing within our immediate classroom environment and with our partner school in Shared Education, Carr's Glen Primary. During shared activities we encourage the development of friendships and we encourage all pupils to understand the similarities and differences in each other.





















Key Stage 1 & 2

Key Stage 1 is comprised of Primary 3 & 4 and Key Stage 2 is comprised of Primary 5, 6,& 7. The learning areas of the curriculum taught in school are connected in as many ways as possible. Pupils need to be motivated to learn and they need to see the relevance and connections in what they are learning. We encourage pupils to have a voice when topics are being planned. We involve our girls in 'what' they will learn and this helps to plan a tailored approach to 'how' they will learn it. It also provides specific learning opportunities for class teaching.







Targets of Experience

It is our wish that the balanced and diverse curriculum provided by Our Lady's Primary will enable pupils to achieve a standard of attainment which will allow them to play their full part in society. We aim to enhance the self-esteem of our pupils by recognising and rewarding academic and non-academic achievement. In order to fulfil our Mission Statement we aim to give our children opportunities:

- to experience the liturgical and sacramental life of the Catholic Church in all its fullness and to develop a deep and enriching faith through prayer and worship
- to share in the community of the Church through active participation in the life of the Sacred Heart Parish
- to be involved in cross community programmes which encourage appreciation and value of their own Catholic identity and cultural traditions and the beliefs and cultural traditions of others
- to build trust, co-operate with others and develop a tolerance of differences











- to respond to people in time of need with sympathy and compassion through charities such as Trócaire
- to accept responsibility throughout school life by taking on various roles, e.g. monitor, librarian or prefect
- to have a variety of aesthetic experiences, such as visits to the theatre, museum, cinema or places of cultural interest and residential trips
- to participate in school productions and festivals, either on an individual basis or as part of a group
- to be involved in the sporting life of the school
- to perform in front of an audience, in the classroom, before the school community or in the public arena
- to develop skills in Information Technology to prepare them for a constantly changing work environment











Skills for Life

Opportunities for life skills are built into many areas of our school planning. One example of this is the JEP programme. The Junior Entrepreneur Programme (JEP) brings the world of business into the classroom. It gives the girls the opportunity to use their imaginations and new found business skills, to create their own innovative mini business. Over the years, the girls have had great success and always manage to make a super profit!

Medics In Primary Schools (MIPS) is a joint Queens University-Sentinus activity, which brings student doctors into the classroom to teach science to Primary 7 pupils. The medical students bring science to life for pupils through practical activities, demonstrations and the use of medical equipment. All of these skills are invaluable to pupils and help to prepare them for the challenges and choices they will face as young adults. As written in our school Mission Statement, our goal is to ensure that each pupil acquires the knowledge, skills and attitudes necessary for responsible citizenship.

We are involved with **WOMENSTEC**, who provide training in non-traditional skills for girls and women. They run courses such as joinery, electrics, mosaics and much more. The P7 girls love going to workshops where they have hands-on experience using tools such as drills, sanders and planes. They work as a team producing lovely pieces of work to bring back to school.

#notjustforboys









Accelerated Reader





In Primary 3 - 7 we use the Accelerated Reader Programme. Pupils take regular Star Reading Tests which level their reading. They choose from a range of levelled books to improve their independent reading. When finished a book they take a quiz, giving them points and an incentive to choose their next book. The number of words read is calculated and we can enjoy celebrating 'Word Millionaires.' This programme is a valuable resource, keeping our pupils engaged in reading.

Maths Mastery



Teaching maths for mastery is different because it offers all pupils access to the full maths curriculum. This inclusive approach, and its emphasis on promoting multiple methods of solving a problem, builds self-confidence and resilience in pupils. Students are given time to think deeply about the maths and really understand concepts at a relational level, rather than as a set of rules or procedures.

Support for Educational Needs

We have a carefully devised system of screening to detect children who need special help at the earliest opportunity. We also screen particular pupils for Dyslexic traits. The Learning Support Co-ordinator works closely with teacher, pupil, classroom assistant and parent to put in place a programme of remediation, which is regularly evaluated. Under the new SEN Framework, parents are informed if their child's name is placed on the SEN Register and a Personal Learning Plan (PLP), is drawn up. We have various outside agencies who work in partnership with our school; RISE, the Educational Psychology Service, St. Gerard's Outreach, Behaviour Support, the ASD Service and Literacy Support Service. We make sure that all stakeholders feed information into the PLP.

Better Reading Partnership



Through the Better Reading Partnership, we target specific pupils with a programme of one to one reading. Our Classroom Assistants are trained to help with targeted reading, which assists pupils to grow in confidence and independence. Reading strategies are taught to help them improve their reading scores and they are encouraged to read with expression.

Home School Links

Our partnership with parents is invaluable.

We value your contribution to your child's learning through homework support. You can add value to your daughter's education by ensuring that reading, spellings, tables and any written homework is completed to a high standard.

We hold annual parent-teacher meetings in October. During these meetings your child's progress is discussed and teachers will give good advice as to how you can help your child to make further improvements. We report to parents in writing in the summer term by means of the Annual Report to Parents.

Parents are free to contact the school at any time, to make an appointment to speak to their child's class teacher or to Mrs Hughes. We are happy to help.



Newcomer Children

We welcome children from other countries with different languages, cultures and religions. They en-



rich the diversity of our school and our cultural perspectives and as a community we can learn so much from them. It is important that all children feel at home in Our Lady's and are supported, as they get used to their new surroundings and to learning a new language. As a *School of Sanctuary*, we support the dignity of any individual who enters the doors of our school and ensure that our school is a safe haven for them. We celebrate our diversity all year round at our weekly assemblies and by having a Global perspective on our world and by celebrating our different cultures.

Nurture Approach

We offer a programme of emotional support for our children who require short-term, nurture intervention strategies. This support can be one to one, or in a small group and provides children with the tools to help them form more secure and happy relationships with others. We take a whole-school Nurture approach using strategies such as Take 5 and interventions based on Theraplay.







Approaches to Learning

Our teachers use different pedagogical approaches to give pupils a range of learning experiences. These include active learning methods, which are informed by Assessment for Learning strategies. Children learn best when a kinaesthetic teaching approach is taken and learning intentions are shared with them. They are given opportunities to work independently, in pairs, in groups and as a class.

Through our strong partnership with parents, we encourage consolidation of class work in the form of suitable homework, which includes written numeracy and literacy, reading, spelling and mental maths.

ICT

Each classroom has a new Interactive Smart Board. This has improved the quality of delivery, of teaching and learning within the school. We also have a state of the art computer suite, a computerised library system and each class has use of iPads and/or Chromebooks. Emphasis is placed on training our staff to equip the children with the skills they will need in an increasingly technological world. We aim to develop their ICT skills and to encourage them to:

- handle and communicate information
- solve problems through use of coding and programming
- pose questions
- be creative through the use of digital technology















Gilbert-Ash







Belfast City Council













Initiatives in which we are currently involved





The Responsible Business Network Northern Ireland



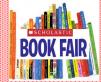


































Pastoral Care

Pastoral Care is concerned with promoting personal and social development and fostering positive attitudes.

In Our Lady's we are committed to providing an environment in which the teachings of Christ are actively lived. Every child is valued as a unique being with distinct talents and is encouraged to be an individual. We teach our children all about tolerance, diversity and respect for others and this is embedded in our school ethos.

We employ a range of strategies to ensure that the needs of all children are met. These include art therapy, drama and circle time. Counselling is available to children and parents on request.



We were awarded **School of Sanctuary** by Belfast Lord Mayor in September 2019. A School of Sanctuary is a school that is committed to being a safe and welcoming place for all.



Safeguarding & Child Protection

We have a primary responsibility for the care, welfare and safety of our pupils. It is our duty to act on any area of concern. We aim:

- •to ensure that the growth of our children will be fostered in a secure environment, where Christian values are actively lived
- •to promote the self-esteem of pupils and staff
- •to help pupils recognise unwelcome behaviour in others and to acquire the skills they need to keep themselves safe

A Code of Conduct has been devised and offers guidance on Child Abuse and prudent conduct for staff. It is there to safeguard all members of the school community. A leaflet on Child Protection is distributed to parents every two years. The Designated teacher for Child Protection is Mrs Boyle and the Deputy Designated teachers are Miss O'Donnell and Mr Tolan.









Positive Behaviour

The staff of Our Lady's encourage all children to behave in a positive spirit of co-operation, showing respect for others and themselves. The policy to Promote Positive Behaviour in the school is there to safeguard your child's right to learn and the teacher's right to teach. Sometimes when children misbehave it can be due to an underlying cause which can be social or emotional. In our school community, staff do their best to pinpoint the root cause of the misbehaviour and then can be more successful at eradicating problems. The management of the school is determined that an acceptable level of discipline will be maintained in school. Consequently, you will be informed if your child persistently misbehaves. As always, we depend on your co-operation to ensure good behaviour in school.

Anti-Bullying in Schools Act (NI) 2016

We want to make sure that we deal with any form of bullying in the correct way. We value feedback from our pupils and listen to what they tell us. Every November we take part in Anti-Bullying Week. Children enjoy *Odd Sock Day*, which highlights the fact that everyone is different. Teachers spend time with their class carrying out activities which highlight the issues surrounding bullying and we encourage our pupils to be individuals and to say **NO** to bullying.

Breakfast Club

Our Breakfast Club begins every morning at 8.00am and offers a range of cereals, toast, pancakes, muffins and bagels. Our girls can also have beans and scrambled egg on certain mornings. It is a great way to get the day started with activities and games organised by our team of friendly and experienced classroom assistants. Our children arrive at their classroom door full of energy and ready to start their learning day with a smile!





Afterschool Clubs

Our school runs successful Afterschool Clubs for all children from P1-7. The girls can take part in Sports, Art, ICT, Cookery and Irish Language Clubs and we have a Late Room facility in operation. Our Clubs are both stimulating and fun for our children. They have an opportunity to socialise and broaden many key areas in their development, including their interpersonal skills.

Parish Links

We have close links with our Parish, and celebrate our Sacraments of Reconciliation, First Communion and Confirmation in the beautiful church of the Sacred Heart. The Parish Priest and Deacon Joe Baxter, visit our school and always make us feel welcome in the church. Confirmation is usually held for P7 pupils during Term 2 and our school joins with Sacred Heart Primary and Cliftonville Integrated Primary for this occasion. Our P7 children combine to make one big choir, which makes the day really special.





Shared Education

Our Lady's has a long history of working with our partner school, Carr's Glen Primary. We are currently involved in Collaboration and Sharing in Education (CASE) Peace IV. Our Primary 1&2 pupils have taken on the project this year and are working on outdoor, play-based learning with our neighbours. This is a wonderful experience for children of such a young age and they enjoy the challenge of visiting our partner school- a new environment, new friends and new school surroundings each month.













We work with Carr's Glen in the "Buddy Up" programme with the CRIS organisation. This programme allows children to embrace diversity, learn to respect different cultures, share with other children, show empathy, make new friendships and understand difference.



Peace Players

Our Primary 6 & 7 share in education through the **Peace Players** initiative which has been ongoing for many years between Our Lady's and Carr's Glen. Peace Players is an award winning organisation that has worked in 22 countries to bridge divides across the world. They deliver programmes to schools across the North of Ireland with the aim of using sport to unite, educate and inspire young people to create a more peaceful world.

We work in partnership with our neighbouring school, Belfast Model School for Girls.

Their friendly therapy dog, Teddy, visits our school and our children really enjoy his company.

We have access to the amazing Sports facilities and grounds that Girls Model have to offer. Our children can enjoy an autumn walk and look out for Teddy too!

Our Lady's PTA

In Our Lady's we are very fortunate to have an active and enthusiastic Parent-Teacher Association. The PTA was formed 10 years ago and has gone from strength to strength.

Our main purpose is to improve relationships between home and school and between school and the community. We have evidence from our parental audit that relationships are valued and that parents and school staff appreciate the work of the PTA committee.

The work of the PTA includes raising funds for additional school resources and over the years, we have raised substantial funds and secured Big Lottery and other grants. The fundraising events have added immense fun and diversity to the life of everyone in Our Lady's; from Hallowe'en discos, to the Sausage Sizzle and Bingo, to name a few. These events bring our parents, community and pupils together and create great memories and experiences for our girls.

Parents on the PTA are proud of their position and they feel that being on the PTA has helped them get to know other parents and to form stronger relationships with school staff, which ultimately helps their daughter's education.

If you would like to get involved with the PTA, you would be made feel most welcome. Mrs Boyle is the school contact for the PTA and would be very happy to invite you along.



















School Council

In our secure school community, children are very much involved in looking after each other and we have a proactive School Council who are elected by their classmates every year. The girls bring their 'pupil voice', their concerns, issues and ideas of their peers to Mrs Kelly, who heads the School Council. In this school year they have plans to:

- make shared spaces brighter and more welcoming around our school
- expand upon the success of last year's Book Swap
- invest in outdoor play equipment for all children
- organise the Christmas Shoebox appeal
- deliver the anti-bullying message at whole-school assembly

The School Council girls from Primary 4 to Primary 7 are simply bursting with ideas.

Watch this space to see just how much we can achieve!









Here are some photos of the achievements of the School Council last year!

Sports

The school provides a wealth of sporting activities including basketball, football, gymnastics, Gaelic and swimming. We are regularly involved in community activities which promote sport and participate in competitions involving other schools. Recently our Gaelic Football Team, coached by Mr McMahon, won the Girls Gaelic Football League. We were so proud of them—what Champions!!

During the school year we have visiting sports coaches from the GAA Ulster Council Gaelfast and Peace Players, who work alongside our teachers imparting important sporting skills which promote co-ordination and dexterity.

Annually we celebrate our Sports Day when our girls take part in races and athletics, competing and enjoying the fun element of sports.









Nurture

In September 2022 we opened our Department of Education, fully funded Nurture Room. Our Nurture provision offers short term, focussed, early intervention, which addresses barriers to learning, in an inclusive and supportive manner. Our Nurture staff, Mrs Kelly and Mr Lowry ensure that each one of our girls learns in a warm and welcoming atmosphere, where they listen and respond to the needs of our girls.













Our Lady's takes great pride in its amazing choir under the instruction of Mrs Rooney. The choir sings at events throughout the year, such as school masses, Sacramental celebrations, and various fundraising events e.g. Marie Curie coffee morning and Christmas Carol singing for Northern Ireland Foster Carers. Our choir's success over the years has made the pupils hungry to compete in renowned competitions such as FISCA Cross Community project and BBC Radio Ulster's Choir of the Year, in which we have been very fortunate to be finalists for three years running.

We take part in the CBSM Music Makers programme when an allocated class works with a CBSM music specialist to prepare a range of songs for performance alongside other schools at the Music Makers event.



Our Lady's Choir Performing for Cancer Lifeline





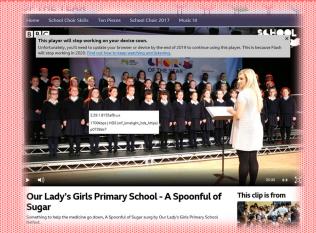




Tin Whistle is taught to KS2 pupils and they showcase their whistle playing on occasions such as assemblies and St Patrick's Day.

In December, every year, Primary 1,2, & 3 produce Christmas plays for family and friends. This is such a festive occasion, full of Christmas spirit and a moment in a child's life that will always be remembered.

In Term 3, the Primary 7 pupils have the chance to take part in the end of year school show. This is such a wonderful opportunity for the P7 pupils and a real chance to shine in extra -curricular type activities and indeed put *The Arts* to work.





Deanby's Garden

To the side of our school we have a beautiful plot of land which is a most valuable resource to all of our school community. *Gilbert Ash Construction* drained the land and put together a plan for an Outdoor Classroom. Womenstec made little *tree stump seats* from a one hundred year old Oak tree which fell in a storm. They also made tables and stools from re-cycled wood pallets and our P7 girls helped to construct some of these stools at a Womenstec workshop. A huge polytunnel was then constructed, which holds eight very large raised beds.

North Belfast Women's Initiative Support Project (NBWISP) help us with our planting and work alongside staff and pupils, teaching us about growing food, flowers and herbs. We also have an orchard where there are 30 apple and pear trees. We can now taste the delicious fruits of our labours and even have cookery demonstrations both indoors and outdoors.

From time to time NBWISP hold events in our polytunnel. They recently hosted a 'Field to Plate' event and we invited our friends from Ballysillan Primary School. Our pupils got to make their own apple juice and potato fritters. Delicious!

























Forest School Award

We are a Forest School! "Forest School" is based on a Scandinavian idea that considers children's contact with nature to be extremely important from an early age. Children are encouraged to develop their curiosity and are motivated to learn. Forest school uses a multi-sensory approach – the freedom to explore using multiple senses is fundamental for encouraging creative, diverse and imaginative play. The focus is on the whole child and not just their academic ability.

At the end of our initial Forest School programme in 2019, a number of our school staff took on a Forest School qualification. This is now complete and our staff received their accreditation, making our school- a 'Forest School'. Excellent!













Our Walking Bus

The Walking Bus started out as a Belfast Healthy Cities initiative for a week in May. Our pupils and staff enjoyed the 'bus' so much that we have kept the walk to school going. This has reduced the amount of traffic around the school. It has also increased the fitness levels of pupils and in so doing ,it is impacting on their mental wellbeing. This has been noticed by our teachers in the classroom. Our pupils are coming to school refreshed and ready for a day of learning. The Walking Bus meets at Torrens and at Alliance every morning and leaves promptly at 8.35am. We deliver the message — get up and get active!









General Information

The Staff of Our Lady's Primary School

The teaching staff of the school are employed by the Council for Catholic Maintained Schools (CCMS)

Principal	Mrs E Hughes
Vice Principal	Mrs D Boyle
Teaching Staff	
P1AH	Miss A Hutchinson
P2SH	Mrs S Hale/ Miss K Leonard
P3CR	Mrs C Rooney/ Miss B O'Donnell
P4JS	Mrs J McSteen
P5JM	Mr J McMahon
P6KD	Miss K Duggan
P6JG	Mrs J McGoldrick/ Miss S Doherty
P7KT	Mr K Tolan
Р7АВ	Miss A Bradley
Nurture	Mrs C Kelly
Special Needs & Nu	rture Teaching Staff
	Mrs D Boyle
	Miss B O'Donnell
	Miss C Morgan

Classroom Assistants													
Mrs D Kelly	Ms U Kelly	Mrs A Duggan											
Mrs C Glover	Miss R Campbell	Miss C Brady											
Miss S Cassidy	Miss C Doherty	Miss TJ McMullan											
Miss N Cole	Nurture	Mr C Lowry											
School Secretaries													
	Mrs T Kelly	Miss M O'Neill											
Building Supervisor													
	Mr SP Saunders												
Cleaning Team													
Mrs A Saunders	Mrs M McCaig	Ms C Varndell											

Supervisory Assistants	
Senior	Mr SP Saunders
Mrs S Cole	Ms B McDonald
Ms M Boyle	Ms C Varndell







Board of Governors									
Chair Mr D McBride									
Vice Chair	Mrs U Boyle								
	Mr P Neeson								
	Ms H Maginness-Fitzpatrick								
	Mrs P McGillan								
	Mrs S Lagan								
Parent Rep	Mrs M Mooney								
Teacher Rep	Miss K Duggan								
Principal	Mrs E Hughes								





The School Day

School Begins: 8.50am

Children may arrive from 8am at the Breakfast Club -see pg.17

Break Time: 10.30-10.45am

See Healthy Breaks pg.29

Children play outdoors if the weather is fine

Lunch Time: 12 noon-12.40pm P41 to P4

: 12.30pm-1.10pm P5 to P7

See Dinners & Lunches pg.29

Children play outdoors if the weather is fine

School Finishes:

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Healthy Breaks

As a Healthy Eating school, we run a Healthy Break scheme. Children are encouraged to bring a healthy snack to school.

We promote a healthy snack as being, a piece of fruit, a piece of plain bread or a plain fruit yoghurt.

Allergies

Please be aware that there are children at our school with allergies to nuts and some fruits. The class teacher will keep parents informed. Your child's packed lunch should not contain anything that could cause harm to another child.



Dinners & Lunches

Dinners may be purchased at a cost of £2.60 per meal. This price is set by the Education Authority. We have a super team of Kitchen Staff headed by Mrs Lowry, who make our dinners on-site. Our dinners are of excellent quality and there is a daily choice on the menu. If your daughter is entitled to free meals, forms are available online from the Education Authority website: www.eani.org.uk

-then search for Free School Meals.

Lunches are eaten in the school canteen. We encourage our pupils to bring a healthy lunch, which should include a sandwich and fruit.











School Uniform

- navy pinafore or skirt
- white open neck blouse
- school jumper
- white/navy socks or tights
- sensible black shoes with straps or laces—no pumps

PE Uniform

- black PE shoes no laces
- Navy/black PE shorts/leggings
- white T-shirt

Summer Uniform

Blue & white checked dress (available from most department stores and large supermarkets)

Uniform Suppliers:

- ~Sports Company, Antrim Road
- ~Tiny Togs, Crumlin Road

Charging and Remissions Policy

It is the policy of the Board of Governors:-

- to charge for board and lodgings on residential trips
- to charge for costs associated with activities whether inside or outside school hours which are not part of the common curriculum or part of the syllabus for an approved public examination, with the exception of swimming lessons
- to request voluntary contributions from parents for school activities or for the benefit of the school. The school reserves the right to cancel planned activities if the contributions do not meet the cost
- to seek payment from parents for the whole or part of the cost of breakages and losses incurred as a result of a pupil's behaviour
- to delegate to the Chairman and the Principal the determination of any individual case arising from the implementation of this policy



A Play

The Child

My childish ways may irritate sometimes

But before you know it, I'll be grown;

- my character formed

By your patience or impatience

Your understanding or lack of ...

From you I can learn tolerance and self-discipline

Or you can teach me always to demand my own way

And to only see things from my point of view.

You are my example.

The odds are higher I'll embrace your ways

Than reject them.







Don't demand of me more than I am capable of.

Don't expect me to act like an adult.

Or to reason like you

For I am still learning.

I can't respect you if you show no respect for me.

I can't obey you willingly if your demands are unfair.

I need your love.

My future contentment and well-being

Depend upon this.

But just as importantly

I need you to like me

And to let me know that you do.



Our Lady's Primary School

Deanby Gardens, Belfast, BT14 6NN

Email: info@ourladysgirlsprimary.belfast.ni.sch.uk

Telephone: 028 90746325

Website: www.ourladysdeanby.co.uk

Find us on Facebook & Twitter



